

JANUARY 2025



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Here's what you can find in the latest Hub Plus newsletter.

Free Training

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- Trauma Informed Cancer Care
- L2 Infant Feeding Training

Plus more...

News

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Plus more...

The Hub's Hub

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Plus more...

As a **not-for-profit** organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU** and **YOUR team** to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

The Hub Plus – Supporting our General Practice family on their Primary Care journey.

[Explore the Hub Plus website](#)

People Promise



Explore our range of **FREE** training courses with available spots in January, February and March.

Unlock Your Potential with The Hub Plus Training and E-Learning Portal!

Ready to enhance your skills and advance your career? Our **Training and E-Learning Portal** offers a wide range of courses designed to help you succeed. Whether you want to boost your knowledge in specific areas or develop new expertise, we've got you covered!

[Click here to sign up now!](#)

Infection Prevention Control for Clinicians

Date: 31/01/25

Time: 10:00-12:00

Location: Online

[Click here to book your place](#)

L2 Infant Feeding Training

Date: 04/02/25

Time: 17:30-18:30

Location: Online

[Click here to book your place](#)

Clinical Update Session: Biochemistry common conundrums

Date: 11/02/25

Time: 12:30-13:30

Location: Online

[Click here to book your place](#)

East Midlands Breast Pain Pathway Webinar

Date: 04/03/25

Time: 13:00-14:00

Location: Online

[Click here to book your place](#)

Trauma Informed Cancer Care

Date: 06/03/25

Time: 19:00-21:00

Location: Online

[Click here to book your place](#)

Derbyshire Shared Care Record

Date: 12/03/25

Time: 13:30-14:15

Location: Online

[Click here to book your place](#)

Don't miss the chance to enhance your skills with our expert-led sessions. For more details and exclusive offers, click here:

<https://www.thehubplus.co.uk/events-calendar>

Attention Women in Derby & Bolton! We're bringing the FREE Fitness for Health pilot programme to your area! Funded by Breast Cancer Now, this 12-week programme is designed to help you move more, feel stronger, and prioritise your health.

Derby & Bolton Residents, here's what you'll get:

- Expert coaching to guide and motivate you
- A mix of online and in-person sessions
- A supportive community of women like you
- Proven strategies to boost fitness, strength, and confidence

This is your chance to join a transformative, fully funded programme and take the first step toward a healthier you.

Sign up and learn more: Fitness for Health Programme - <https://www.herspirit.co.uk/fitness-for-health-breast-cancer>

Let's get moving, Derby and Bolton!



FREE Senior Career Webinar Series

Join us for an insightful series covering essential topics like retirement planning, financial management, pensions made simple, and much more!

This webinar series is designed to support GPs as they navigate the unique challenges and opportunities of the later stages of their careers.

If you'd like to find out more or to book your place on webinar sessions, [**please click here.**](#)

working in collaboration with...



Royal College of General Practitioner



NEW Wellbeing Timetable for Winter 2025 is here!

The Winter Wellbeing Timetable is here and packed with classes, activities and workshops ready to support your physical and mental health!

The new password 'star'

Click here to find out more - thehubplus.co.uk/activities-timetable

Wellbeing Visits are designed to promote health and wellbeing within our community.

These visits provide a safe and supportive space for individuals to discuss their health concerns, receive guidance, and access tailored resources that enhance overall wellbeing.

Click here to find out more - thehubplus.co.uk/wellbeing-visits

At The Hub Plus, we're here to help you grow, thrive, and find the career path that best suits your skills and aspirations within primary care. Whether you're just starting, looking for a change, or seeking guidance on professional development, our tailored **Career Conversations** are designed to support you every step of the way.

[**Click here to find out more.**](#)

Learn all about **Project Management** with our **Bitesize Learning sessions.**

Focusing on the practical skills, tools and techniques to help you successfully plan and deliver your projects. Delivered virtually, with 30minutes of teaching followed by 30minute Q&A.

[**Click here for more information.**](#)

Streamlined. Simplified. Successful. **The Placement Portal** is designed to make placement management a breeze. Say goodbye to admin headaches and hello to an efficient, transparent, and organised process—one that's set to boost placement numbers and support the future of healthcare across Derbyshire!

Click here to find out more - thehubplus.co.uk/placement-portal

There will be a new GPA cohort starting in the new year, if you have a GPA interested in completing an accredited route then please click the link below and complete the necessary information.

[Midlands GPA Programme - Lincolnshire Training Hub](#)

The Practice Management Induction Programme Evaluation is aimed at Practice Managers, Assistant and Operation Managers working in General Practice in Derby and Derbyshire.

This follows successful delivery of the three cohorts since 2021 with excellent feedback from over 140 delegates.

To download the full report, please [click here](#).

Back for another year! The RCGP Vale of Trent faculty, supported by the Hub Plus brings you **Refresh, Renew, and Reconnect**.

This is a one day event blending clinical CPD, personal development and wellbeing.

Aimed at mid career Vale of Trent and local regions GPs. [Click here](#) to find out more.

The Reach Network - Celebrating Diversity: The Power of Cultural Heritage



The Reach Network - Celebrating Diversity: The Power of Cultural Heritage

Throughout 2025, will be running a number of in-person and online sessions that will raise awareness, foster inclusion, and celebrate the diverse cultural heritage.

Each session with feature incredible speakers, create powerful conversations and generate meaningful insights.

Join us in celebrating diversity! Participate in our events, share your story, and help us amplify the power of cultural heritage. Visit [The Reach Network webpage](#) to learn more and get involved!

United in Diversity: Sharing Stories, Building Futures.



Derbyshire GP Provider Board

The Hub
DERBYSHIRE

Derby & Derbyshire LMC
Local Medical Committee

Announcing the Second Cohort of the Derbyshire General Practice Long Service Awards!

We are delighted to announce the second cohort of the Derbyshire General Practice Long Service Awards, celebrating the outstanding dedication and unwavering commitment of individuals who have served in the NHS for over 25 years.

This special event honours those whose careers have been defined by their compassion, expertise, and efforts in supporting the health and well-being of our communities.

These awards are a heartfelt recognition of the contributions that have shaped Derbyshire's General Practice and the lives of countless patients.

This recognition is open to anyone who has worked in the NHS for 25 years or more, in any role within Derbyshire General Practice.

We are now accepting applications, [click here](#) to apply or for more information.

Call for Primary Care Placement Providers

We are reaching out to our valued practices with an urgent request for primary care placement offers. We have a significant number of placement requests from several cohorts and universities, and we need your support to provide valuable learning experiences for these students.

By offering placements, you will be contributing to the education and development of future healthcare professionals.

If you are able to provide a placement or would like more information, please contact us at ddlmc.thehubplus@nhs.net.

Thank you for your continued support and dedication to nurturing the next generation of healthcare providers.

Exciting Fully-Funded Apprenticeship Opportunities

We are pleased to announce a wide range of fully-funded apprenticeship opportunities that are currently under-subscribed. These apprenticeships offer an excellent chance for individuals to gain valuable skills and experience in both clinical and non-clinical fields, all while being fully supported financially.

If you or someone you know is interested in these opportunities, please reach out to us at ddlmc.thehubplus@nhs.net for more details and to apply.

Don't miss out on this fantastic chance to advance your career with a fully-funded apprenticeship.

Request for Work Experience Providers

We are also seeking practices willing to take on work experience students from local colleges during their work experience weeks. This is a wonderful opportunity to inspire and guide young individuals who are eager to learn about the healthcare field.

If your practice can offer work experience placements or if you would like more information, please contact us at ddlmc.thehubplus@nhs.net

Thank you for helping to shape the future of healthcare by providing these valuable experiences.

New member of The Hub Plus team

We are pleased to introduce our new **Project Coordinator, Ola Sobolewska**.

I am the main contact for QUEST, focusing on engaging with practices, fostering strong networks, and supporting the Resilience Programme. An adventurer at heart, I'm on a mission to travel the world and discover my next favourite place.

CONTACT US

We'd love to hear from you – our Primary Care family. What can we do to help YOU on your #primarycarejourney?

 ddlmc.thehubplus@nhs.net

 www.thehubplus.co.uk

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Find us on:     

We are here and we are listening.